

# SCP LENGTHS SWIMMING SCHEDULE

## January 5 - 11

**RED** = Reduced Lanes (1 or 2)\*    **LIGHT BLUE** = 3 or 4 Lanes Available\*\*    **BLACK** = more than 4 Lanes Available  
All times subject to change at short notice. Please call 250-475-7600 if you have any questions or go to [saanich.ca/swim](http://saanich.ca/swim)

		MON 5	TUES 6	WED 7	THURS 8	FRI 9	SAT 10	SUN 11
Pool Hours		5:30am-10pm	5:30am-10pm	5:30am-10pm	5:30am-10pm	5:30am-10pm	8am-8:30pm	8am-8:30pm
Special Notes								
Competition Pool	25 M Short Course	9:15am-1:15pm 7:30pm-8:45pm** 8:45pm-10pm	7:30pm-9pm** 9pm-10pm	9:15am-2pm 7:30pm-8:30pm* 8:30pm-10pm		7:30pm-8:45pm** 8:45pm-10pm	12:30pm-8:30pm	8am-3:45pm 3:45pm-6pm** 6pm-8:30pm
	50 M Long Course		7:30am-9am** 9am-10:45am 10:45am-12pm** 12pm-1:15pm*		7:30am-9am** 9am-10:45am 10:45am-12pm** 12pm-1:15pm* 1:15pm-2pm 7:30pm-8:45pm* 8:45pm-10pm	9am-12pm 12pm-1:15pm*	10:30am-12:30pm**	
Teach Pool	Lengths	5:30am-7:55am** 7:55am-8:55am* 10am-4pm** 4pm-9pm* 9pm-10pm**	5:30am-8:45am** 8:45am-11am* 11am-2:45pm** 2:45pm-4pm* 8pm-10pm**	5:30am-8:55am** 10am-4pm** 4pm-4:30pm* 9pm-10pm**	5:30am-8:55am** 10:15am-11am* 11am-4pm** 4pm-7pm* 8:30pm-10pm**	5:30am-7:55am** 10am-2pm** 2pm-3:45pm*	8:30am-9am*	8am-9am** 11:30am-1pm** 4pm-5pm**
	Shallow Water Walking	5:30am-7:45am* 10:15am-11:45am* 1:15pm-2:30pm*	5:30am-8:45am* 11:15am-2:30pm*	5:30am-8:45am* 10am-10:45am* 1pm-2:30pm*	5:30am-8:45am* 11am-2:30pm*	5:30am-7:45am* 10:15am-11:45am* 1:15pm-2pm*		8am-9am* 11:30am-1pm* 4pm-5pm*
Dive Tank	Lengths	5:30am-8am** 8am-9am* 9am-10am 11:30am-12:30pm** 12:30pm-3:15pm 9pm-10pm**	5:30am-7:55am** 9am-10:10am 11:30am-3:15pm 9pm-10pm*	5:30am-7am 7am-7:55am* 9am-9:55am** 11am-1pm** 1pm-3:15pm 9pm-10pm**	5:30am-7:55am** 9am-10:10am 10:10am-11:15am* 11:15am-12:30pm** 12:30pm-3pm 8:30pm-9pm* 9pm-10pm	5:30am-7:30am** 7:30am-10:10am 11:15am-3:15pm 3:15pm-6:45pm*	8am-12pm* 4pm-6pm*	4pm-4:30pm**
	Deep Water Walking	5:30am-11:15am* 12:30pm-3:15pm*	5:30am-3:30pm*	5:30am-11:15am* 1pm-3:15pm*	5:30am-11:15am* 12:30pm-4pm* 9pm-10pm*	5:30am-4pm*	8am-11am*	11am-12:45pm*
No Lengths Available			4pm-7:30pm	4:30pm-7:30pm	7pm-7:30pm	7pm-7:30pm		